**Suggestions for SEE in the time of COVID**

This document provides a few suggestions for using resources from the NAVIGATE Supported Education and Employment (SEE) Manual as tools to help you address the concerns of individuals during the COVID 19 outbreak. The text below includes some general suggestions and some recommendations about how specific SEE handouts could help address a current need and some suggestions for professional development for SEE specialists during this time..

1. Read/reread the SEE Manual
2. Read the SEE addendum which should be posted on Navigateconsultants.org by the end of the month
3. Order and Read “A Working Life” by Becker and Drake—not first episode but the original handbook on individual placement and support.
4. Review all the materials on ipsworks.org
5. Sign up for the IPS online course on ipsworks.org—not first episode oriented but a great course on nuts and bolts of supported employment
6. Seek out videos on youtube on job hunting and interviewing examples and experiences
7. Review these toolkits pertaining to college education and SMI—

* https://www.nasmhpd.org/content/toolkit-back-school-support-full-inclusion-students-early-psychosis-higher-education-student
* https://www.nasmhpd.org/sites/default/files/IssueBrief-SED.pdf

1. Watch this lecture on you tube—adapting IPS for young people (not necessarily psychosis)—

<https://www.youtube.com/watch?v=TXKqdRQ_Xgc>

1. Watch this webinar on SEE on smI advisor- <https://education.smiadviser.org/Users/ProductDetails.aspx?ActivityID=7271->
2. For individuals in NAVIGATE programs who have an increase in unstructured time at home, it can be helpful to increase opportunities for support. SEEs could offer a remote drop-in group where individuals can offer each other support, do some fun activities, and learn some strategies to support distance learning or working remotely.
3. This is a challenging time for SEE.  However, some individuals might benefit from updating their resume or doing something that may add to their employment or school skills.  For school, they might consider taking a class on-line, such as the free classes available at FutureLearn. On-line classes can be but would not have to be related to their educational or employment.  Just something to keep their attention and concentration skills sharp.  Some individuals may be interested in sharpening their interview skills with their SEE specialist on line or on the phone.  Or working on their work or school wardrobe, in the sense of going through their closets or drawers and sewing on buttons or laundering and ironing clothes that might be suitable for work or school.